

Wroughton Academies

Emotional Wellbeing and PSHE Framework – Overview

Reception	Autumn term		Spring term		Summer term	
	Keeping safe and healthy		Money (Economic wellbeing)		Growing and Caring	
	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year 1	<u>Relationships</u> Social Beginning to understand me and others	<u>Relationships</u> Emotional Knowing what to do	<u>Health + Wellbeing</u> Physical Keeping safe and healthy	<u>Health + Wellbeing</u> Sex and Relationships Growing and caring for ourselves	<u>Living in the wider world</u> Being a responsible citizen Taking part and belonging	<u>Living in the wider world</u> Economic Wellbeing Learning about money
Year 2	<u>Relationships</u> Social Others and me in my class	<u>Relationships</u> Emotional Developing confidence	<u>Health + Wellbeing</u> Physical Keeping myself healthy	<u>Health + Wellbeing</u> Sex and Relationships Differences	<u>Living in the wider world</u> Economic Wellbeing Keeping money safe	<u>Living in the wider world</u> Being a responsible citizen Rights and responsibilities
Year 3	<u>Relationships</u> Social + Emotional Supporting friends and other people/More about me	<u>Living in the wider world</u> Economic Wellbeing Keeping money safe/Let's go shopping	<u>Health + Wellbeing</u> Physical Safe + healthy at home, school and locally	<u>Health + Wellbeing</u> Sex and Relationships Differences/Valuing differences + keeping safe	<u>Relationships</u> Emotional Developing confidence	<u>Living in the wider world</u> Being a responsible citizen Diversity + Society
Year 4	<u>Health + Wellbeing</u> Physical Safe + healthy at home, school and locally/Helping others to keep safe	<u>Relationships</u> Social Supporting friends and other people/Who are these people?	<u>Living in the wider world</u> Being a responsible citizen Diversity + Society/ The Environment	<u>Relationships</u> Emotional More about me/ Taking more control	<u>Health + Wellbeing</u> Sex and Relationships Valuing differences + keeping safe/Growing up	<u>Living in the wider world</u> Economic Wellbeing Let's go shopping/Work + money
Year 5	<u>Relationships</u> Social Being strong	<u>Relationships</u> Emotional Moving on with confidence + clarity	<u>Living in the wider world</u> Being a responsible citizen The Environment/The Media	<u>Living in the wider world</u> Economic Wellbeing Let's make money	<u>Health + Wellbeing</u> Sex and Relationships Changes at Puberty	<u>Health + Wellbeing</u> Physical Drug Education
Year 6	<u>Relationships</u> Social Being strong/ Me + my place in the world	<u>Living in the wider world</u> Economic Wellbeing Let's make money/ Money in my future	<u>Health + Wellbeing</u> Physical Drug Education/ Safe + healthy in the future	<u>Living in the wider world</u> Being a responsible citizen The Media/ Democracy + Government	<u>Health + Wellbeing</u> Sex and Relationships Relationships + reproduction	<u>Relationships</u> Emotional Celebrate the past + welcome the future