

our Tummy Fillers

Week Commencing: 4th September, 25th September, 16th October, 13th November & 4th December 2017

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	British Pork Hotdog with Sauté Onions, Mash Potatoes and Sweetcorn	Chicken Korma Curry with Boiled Rice and Garden Peas	Roast Pork Loin with Roast Potatoes, Yorkshire Pudding, Carrots, Broccoli and Gravy	Gammon Slice with Boiled Potatoes, Green Beans and Grilled Tomato	Jumbo Breaded Fish Finger with Fresh Chips, Beans and Peas
Vegetarian Meal	Vegetarian Hot Dog with Sauté Onions, Mash Potatoes and Sweetcorn	Sweet Potato Korma Curry with Boiled Rice and Garden Peas	Roast Quorn Fillet with Roast Potatoes, Yorkshire Pudding, Carrots, Broccoli and Gravy	Cheese and Onion Slice with Boiled Potatoes, Green Beans and Grilled Tomato	Pizza Whirls with Fresh Chips, Beans and Peas
Dessert	Flapjack with Dried Fruit Pot	Vanilla Crunch with Strawberry Custard	Apple Crumble and Custard	Chocolate Puddle Cake	Fruit Muffins

Week Commencing: 11th September, 2nd October, 30th October, 20th November & 11th December 2017

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Fishcake with Mash Potatoes and Garden Peas	Chicken and Sweetcorn Carbonara with a Garlic Slice and Broccoli	Roast Turkey with Roast Potatoes, Yorkshire Pudding, Carrots and Cauliflower Cheese	Shepherds Pie with Green Beans and Red Cabbage	Butcher Sausage and Fresh Chips with Beans and Peas
Vegetarian Meal	Cheese and Tomato Pasta Bake	Vegetarian Carbonara with a Garlic Slice and Broccoli	Potato and Leek Bake	Vegetarian Pie with Green Beans and Red Cabbage	Quorn Sausage and Fresh Chips with Beans and Peas
Dessert	Oaty Fruit and Apple Slice with Cream	Stream Jam Sponge Pudding and Custard	Shortbread and Fruit Juice	Chocolate Crunch and Chocolate Custard	Fruit Cookies

Week Commencing: 18th September, 9th October, 6th November, 27th November & 18th December 2017

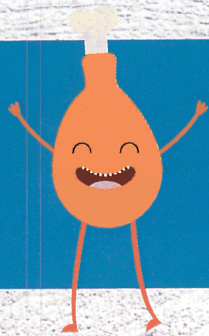
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Selection of Pizzas with Pasta and Sweetcorn	Sweet and Sour Turkey with Noodles and Broccoli	Roast Chicken with Roast Potatoes, Yorkshire Pudding, Carrots, Peas and Gravy	Sausage Hot Pot with Mashed Potatoes and Green Beans	Jumbo Breaded Fish Finger with Fresh Chips, Spaghetti Hoops and Peas
Vegetarian Meal		Vegetarian Noodles with Broccoli	Roast Quorn Fillet with Roast Potatoes, Yorkshire Pudding, Carrots, Peas and Gravy	Quorn Sausage with Mashed Potatoes and Green Beans	Pizza Whirl with Fresh Chips, Spaghetti Hoops and Peas
Dessert	Pineapple Upside Down Sponge and Custard	Chocolate Fudge Slice	Mixed Berry Crumble and Strawberry Ice Cream	American Pancake and Fruit Compote	Oaty Biscuit and Dried Fruit Pot

FOOD ALLERGIES & INTOLERANCES

IF YOU SUFFER FROM EITHER OF THE ABOVE, PLEASE SPEAK TO THE CHEF MANAGER PRIOR TO PLACING YOUR ORDER WE WILL BE PLEASED TO DISCUSS THE CONTENTS OF ANY DISH WITH YOU

our **Salad Feast**

Freshly Prepared Salad Bar Available Every Day Plus Filled Jacket Potatoes, Fruit, Baked Bread, Yoghurts & Jelly!



Food News



Edwards & Blake are delighted to be providing the catering services at **Woodlands Primary Academy**. Our kitchens have a hard working and skilled set of staff to ensure that all of the products for sale are made fresh on site using seasonal ingredients and sourced as locally as possible.

Universal Free School Meals

All pupils in reception, year 1 and year 2 are entitled to a free school meal everyday! This means they can have either a main meal or vegetarian meal, followed by self-service salad bar and dessert! Or the packed lunch Pick 'n' Mix option.



Up and Coming Special Events

We run special themed days for the children throughout the year. The date we run the promotion will be written on the bottom of the posters displayed at your school. Our events include vegetarian week, countdown to Summer and tastes of the world!



our Pick 'n' Mix

Five Item Packed Lunch Menu Available Every Day

Filled Bread - Cheddar Cheese, Norfolk Gammon Ham, Tuna Mayo, Free Range Egg Mayo or Strawberry Jam

Cheddar Cheese Stick, Soft Cheese Portion, Hard Boiled Egg, Pasta Pot or Yoghurt

Home Baked Biscuit, Sponge or Jelly Pot

Selection of Fresh and Dried Fruit

Juice Carton