



Queen Eleanor Breakfast Club

Typical Breakfast Menu

Cereals

A choice of:

Weetabix
Cornflakes
Rice Crispies
Porridge (during colder weather)
Muesli

Toast

With a choice of:

Low fat spread
Jam
Marmite

Low fat yoghurts in a variety of flavours

Fresh fruit

Fruit juice and low sugar squash

Drinking water

*(We are happy to add more choices of cereals and spreads if you ask.
However we will only serve healthy, low sugar options.)*

We do also have some treats:

Hot chocolate
Croissant
Dried fruits
Smoothies