

PE Kit Policy

For PE all students are required to bring full PE kit and change, even if they have a note from home excusing them from the lesson because of an injury or illness (exceptions will be made for students where the nature of the injury causes them difficulty when changing).

It is our aim to involve all students fully in our PE lessons, in many cases students who have a particular injury can be catered for in lessons; a good example of this could be the student who has injured their foot being able to exercise their upper body in our fitness suite, where this is still not possible we will involve students as referees, coaches or assistants; again this is role better filled whilst wearing appropriate kit. A final consideration is the students comfort, if they have followed their class out in poor weather then their uniform will be soaked and shoes muddied which will cause them discomfort and distraction for the rest of the school day. For students who are unable to participate practically it is important that they bring the appropriate warm clothes to wear over their PE kit in winter.

If for any reason your son / daughter cannot participate fully in PE we ask that you write a note for them explaining what their injury or illness is. Please also feel free to include any other useful information to indicate the level of participation they are capable of. Please do not ask your child to get the teacher to ring home or text their phone with their excuse; if you forget to give your child a note then please call school reception.

Occasionally, we have situations where parents cannot have their child's PE kit ready in time, again we ask you to write us a note explaining why; in this circumstance, we will lend kit to your son or daughter and they will not be given detention.

PE kit is part of the school uniform, if you are unable to supply your child with the correct PE kit then please contact the school so we can find a way to resolve the problem.

Students who forget their kit

Inevitably some students will forget their kit, in this situation the student is lent kit by the school and is given an after school detention. Should a student refuse to borrow school kit which is washed regularly then they will be removed from the lesson and taken to the school time out unit. Students who forget their kit three times or more in a half term will be given a double break time detention.

Jewellery and Hair

In lessons, all long hair must be tied back and jewellery removed; this is a health and safety requirement to prevent injury to the individual or another student, when removing jewellery is not possible it must be taped. It is the student's responsibility to bring their own tape and / or hair band. We recommend that new piercings are carried out at the start of the summer holiday so that they can be removed in time for the start of school in September.

PE Kit

All students are required to wear a school PE T shirt or rugby shirt, if shorts or a skirt are worn they must match the T shirt or rugby shirt; this uniform is available through the school website. Students are also welcome to wear tracksuit bottoms or sports leggings, these must be plain black and have no embellishments such as stripes; a small manufacturer's logo is permitted but this should no bigger than £2 coin.

During the winter months, we recommend that students wear a warm base layer such as under armour beneath their PE top, students are also allowed to wear a sweatshirt or rain jacket but they must be plain black with no embellishments other than a small maker's logo around the size of a £2 coin.